



2022 CMHF Award Symposium

Connections, Community & Self Care

Panoptic Perspectives in Health

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Biography

I am a family doctor in Port Hope, Ontario. I completed my 5-year postgraduate training in general practice/family medicine in southwest England, UK, more than 10 years ago, achieving membership of the Royal College of General Practitioners. I have also attained the Licentiate Certification of the Medical Council of Canada, as well as the Canadian specialist qualification in family medicine, with the College of Family Physicians of Canada.

As a family physician, my main interest is a holistic approach to the care of my patients and their families. I provide the wide range of general practice care, preventative health care and occupational health services to my patients and various organizations. Furthermore, I have additional postgraduate qualifications, experience and interests in dermatology, elderly care, women's health/contraception, occupational health, palliative care and therapeutics, therefore broadening my scope of practice.

I am very involved in my community hospital where I have hospital privileges. This means I can provide continuity of care to my patients when they are in hospital. In addition to being the Occupational Health doctor for my community hospital, I am also member of the Equity Diversity and Inclusion Advisory Committee (EDIAC). I look to mentor black aspiring medical professionals through the Black Physicians' Association of Ontario (BPAO). I also hold a committee appointment with the College of Physicians and Surgeons of Ontario (CPSO) and on the weekends, I am active in my church playing the piano and being the choir leader.

I am married and with 2 amazing children. Outside of work, I enjoy watching football (soccer), as I am a keen Arsenal Football fan and season ticket holder. We love to travel and I enjoy family time.

SATURDAY, JUNE 18, 2022
The Westin Ottawa