



2022 CMHF Award Symposium

# Connections, Community & Self Care

Panoptic Perspectives in Health

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## **KRYSTINA B. LEWIS, RN MN PHD CCN(C)**

Assistant Professor, School of Nursing

Faculty of Health Sciences, University of Ottawa

### **Biography**

Dr. Krystina Lewis is an Assistant Professor in the School of Nursing at the University of Ottawa and Affiliate Researcher at the University of Ottawa Heart Institute. Her research focuses on ensuring patients and family members are active and equal members in decisions about their health, specifically for those facing decisions about invasive cardiovascular, life supportive therapies. Her goal is to find effective and sustainable ways to facilitate shared decision-making in clinical practice to improve patient and system outcomes. Prior to academia, she worked in various in-patient and outpatient settings at the University of Ottawa Heart Institute. It is from her clinical experiences that her curiosities and drive to engage patients and family as partners in their care arose. She has maintained Canada Nurses' Association certification in Cardiovascular Nursing since 2010.

SATURDAY, JUNE 18, 2022  
The Westin Ottawa