

**Central and Western Discovery Day ONLINE**  
**Wednesday, April 29, 2026**

**KEYNOTE LECTURE**

Jesse Lafontaine  
Medical Student, University of Alberta  
2025 CMHF Award Recipient



meaningful change in the healthcare system.

Jesse Lafontaine is from Kelowna, British Columbia, and is currently a third year medical student at the University of Alberta. He completed a Master of Science (MSc) in Applied Digital Health and a Master of Public Policy (MPP) at the University of Oxford, where he studied as a Rhodes Scholar. He also holds a Bachelor of Science Honours in chemistry from the University of British Columbia. He is increasingly interested in the political determinants of health and the influence of policy and politics on health outcomes for individuals and populations across Canada. To explore this interest, he took a yearlong leave from medical school to participate in the Parliamentary Internship Program in Ottawa, where he worked in the offices of Members of Parliament. In the future, he hopes to pursue a career that combines clinical medicine, digital health, health policy, and Indigenous health to drive