



Atlantic Canada

Wednesday, December 3, 2025

THE DR. CALVIN R. STILLER KEYNOTE LECTURE

Tiffany Brooks MD, CCFP-EM

Locum Emergency Physician, New Brunswick

“More Than Just a Dream: Finding the courage to begin”



Dr. Tiffany Brooks is an Emergency Physician from Sitansisk (St. Mary’s) First Nation and the first physician from her community. Growing up in rural New Brunswick shaped her commitment to equitable healthcare and to serving patients in both urban and rural settings across Atlantic Canada.

A graduate of Dalhousie Medicine New Brunswick, Dr. Brooks completed her Family Medicine and Emergency Medicine (CCFP-EM) training through Dalhousie University. She now practices as a locum emergency physician, bringing compassionate, community-focused care wherever she works. Through this practice, she is exploring how flexibility in medicine can support physician wellness and longevity in the profession.

Dr. Brooks is passionate about mentorship and creating space for underrepresented youth to see themselves in medicine. She believes true representation means opening doors, sharing knowledge, and empowering others to walk their own path with courage.

When she’s not in the emergency department, Dr. Brooks can be found exploring new parts of the world and creating projects that blend medicine, mentorship, and self-discovery, reminding others that fulfillment in medicine begins with staying true to yourself.