

Atlantic Canada
 Wednesday, December 3, 2025

WORKSHOP CATALOGUE

Codes starting with “A” are offered in the AM, i.e. 1st time slot

9:00 – 10:00 am Eastern Time | 10 :00 – 11 :00 am Atlantic Time | 10:30 – 11:30 am Newfoundland Time

Codes starting with “P” are offered in the PM, i.e. 2nd time slot

10:30 – 11:30 am Eastern Time | 11 :30 am – 12 :30 pm Atlantic Time | 12 :00 – 1 :00 pm Newfoundland Time

When registering online, you will be able to select one “A” and one “P” workshop. The presenters’ choice of video platform to host their session is noted in the description. Please ensure your device can access the platforms for your selected workshops.

CODE	TITLE	DESCRIPTION	PRESENTER(S)
A01	<i>Working with Animals: Careers in veterinary medicine and research</i>	Work with animals is a rewarding and challenging career. Join members of Memorial University’s Animal Care and Veterinary Resources team to learn about what it’s like to work with animals in a variety of settings - biomedical research, agriculture, and clinical practice. Hosted on WebEx	Animal Care and Veterinary Resources Team (Memorial University of Newfoundland, NL)
A02	<i>Interested in a Career in Occupational Therapy or Physiotherapy?</i>	Do you know what OTs and PTs do? Come join an OT and PT and learn how they can help people with varying health conditions or disabilities recover or adapt! Hosted on WebEx	Patricia Moores Deanne Wareham (Memorial University of Newfoundland, NL)
A03	<i>The ♥ of the Matter: Let’s talk about women’s heart and vascular health</i>	This workshop will spark conversation among the students about women’s heart health. Our interactive session will: 1. Outline the rationale as to why women’s heart and vascular health is important. 2. Describe the anatomy of the heart, different heart and vascular diseases, how women’s hearts are different than men’s, how women’s symptoms of a heart attack can be different than men’s, and what they can do to help. 3. Describe healthy behaviours to encourage the prevention and management of heart and vascular diseases. 4. Identify resources to learn more and the steps for acting and advocating for women’s heart and vascular health at your school and in your community. Hosted on WebEx	Dr. Daisy Baldwin (Canadian Women’s Heart Health Alliance, ON Memorial University of Newfoundland, NL)

A04	<i>Beyond the Bedside: The leadership side of nursing</i>	<p>This session will introduce you to the "other side" of nursing — the world of administration, operations, and leadership. We'll explore how nursing skills translate into strategic thinking, innovation, and change management, and how nurses can influence health policy, improve patient flow, and drive system-wide improvement. Not every nurse is drawn to the bedside — and that's okay. There are many paths within nursing, and leadership is one that allows you to shape not only how care is delivered but the future of healthcare itself.</p> <p>Hosted on WebEx</p>	Deanna Clarke (NL Health Services, NL)
A05	<i>Nursing at Beal University</i>	<p>Join us as we explore various career avenues that are open to nurses trained at the Bachelor level and licensed as a Registered Nurse. We will also share relevant information about Beal University Canada and how our program is unique to the needs of students in Atlantic Canada.</p> <p>Hosted on MS Teams</p>	Miranda Bevilacqua Marina Burchill Dr. Jessie Johnson Danielle Keats Amber Weyandt (Beal University Canada, NB)
A06	<i>The Power of Food: A career in dietetics and nutrition</i>	<p>Discover how Registered Dietitians (RD) use the science of food to fuel health and change lives! In this workshop, you'll learn what dietitians do, where they work, and how to become one. We'll walk you through the steps to becoming an RD — from university studies to internships. You'll also hear from a current student who's on their own journey to becoming an RD and learn how you can turn your passion for food, health, and science into a rewarding career!</p> <p>Hosted on MS Teams</p>	Dr. Rachel Prowse Kara Roberts Aliya Seward
A07	<i>Speech Language... What?</i>	<p>Learn about a career in Speech-Language Pathology (S-LP)! This workshop will highlight what it takes to be an S-LP and review the various ways an S-LP can support those with speech, language and swallowing difficulties across the lifespan. Activities will highlight the importance of this healthcare profession.</p> <p>Hosted on Zoom</p>	Laura Brown (NL Health Services, NL)
A08	<i>Taking Pictures of People's Insides and Curing Cancer: Who doesn't want that on their resume?</i>	<p>In this workshop you will learn about the wonderful world of medical radiation technology. Specifically, about the profession and the professionals who perform X-rays, CT scans, MRIs, nuclear medicine and radiation therapy. Not only will you learn about the cutting-edge technology that these professionals work with, but also about the indispensable role they play in the health care system. Learn about each specialty area, look at images taken by the various professionals, learn about education programs and prerequisites and then test your knowledge and engage in a fun activity called "Guess the Pathology!"</p> <p>Hosted on Accelevents</p>	Jennifer Carey (Canadian Association of Medical Radiation Technologists, NB)

A09	<i>Careers in Medicine: Why I chose pathology</i>	<p>In this workshop, careers in medicine with a focus on pathology will be discussed. The career path to medicine and the day-to-day life of a pathologist will be described in detail. From autopsy cases to specimens removed during surgeries, participants will get an opportunity to see pictures of organs and microscopic images and learn about different medical conditions that affect these organs.</p> <p>Hosted on Accelevents</p>	Dr. Eric Lentz (Memorial University of Newfoundland, NL)
A10	<i>The Life of a Rural Physiotherapist</i>	<p>Join us for a day in the life of a rural physiotherapist working in Labrador. During this workshop, you will follow two physiotherapists and see some of the unique challenges and client cases they may face day-to-day! This workshop will include case studies specific to remote locations within Labrador. You will get to exercise some problem-solving skills and use the hour to 'think like a physio'.</p> <p>Hosted on Accelevents</p>	Jacob Kitchen Kaitlin Oliver (Family Care Team, Labrador Health Centre, NL)
P01	<i>Psychosis, Mania, Drugs, and More: The World of Psychiatry</i>	<p>Get "psyched" to learn about the field of psychiatry and the path to becoming a psychiatrist. We will discuss how psychiatry and mental illness are portrayed in TV shows and movies as well as be introduced to the psychiatric detective skill of "formulation". Your knowledge will be put to the test in Mental Health Trivia, where we will review common mental illnesses treated by psychiatrists.</p> <p>Hosted on Zoom</p>	Dr. Anthony Hind Dr. Louise Moodie Dr. Qëndresa Sahiti (Dalhousie University, NS)
P02	<i>A Career in Exercise Physiology: Research, clinical work, and more!</i>	<p>Are you fascinated by the human body and how we can harness its power for peak performance and health? In this dynamic workshop, explore the world of exercise physiology - a field that blends passion for physical fitness with cutting-edge scientific research and real-world clinical applications. From understanding how our muscles and cardiovascular system respond to exercise to discovering the role of exercise in chronic disease prevention, you'll dive into the foundational principles of exercise physiology. You'll also gain insights into exciting career paths that combine scientific discovery with hands-on work in healthcare and beyond. Whether you're drawn to research, clinical settings, or community wellness, learn how a career in exercise physiology could be your first step towards a fulfilling future in health science.</p> <p>Hosted on Zoom</p>	Dr. Nick Bray Dr. Adam Drover (Memorial University of Newfoundland, NL)
P03	<i>Speech Language... What?</i>	<p>Learn about a career in Speech-Language Pathology (S-LP)! This workshop will highlight what it takes to be an S-LP and review the various ways an S-LP can support those with speech, language and swallowing difficulties across the lifespan. Activities will highlight the importance of this healthcare profession.</p> <p>Hosted on Zoom</p>	Kayla Evans (NL Health Services, NL)

P04	<i>Pathways to Medicine: A medical student perspective</i>	Attendees will learn about the process of applying to medical school and how to prepare as they begin their post-secondary education. This workshop will include an overview of the requirements for application as well as an approximate timeline. From a current medical student's perspective, the workshop will then explore a day in the life - including classes, research, extracurriculars, and personal wellness. Hosted on WebEx	Lisa Breen Elizabeth Clarke (Memorial University of Newfoundland, NL)
P05	<i>Radiation Therapy in Oncology</i>	Meet with members of the Radiation Therapy Cancer Care Team for an open discussion, interactive workshop. This overview of the Radiation Therapy department will include: · How Radiation acts upon the patient · CT Simulation including fabrication of immobilization devices (e.g. thermoplastic masks) · Radiation Therapy Planning (Dosimetry) · Radiation Therapy Treatment Machines (Linear Accelerators) · The perspective of a former patient regarding the interventions and care received following their cancer diagnosis. Students will also get an overview of the academic path of a Radiation Therapist (Accredited degree program). Hosted on Accelevents	Geoff Blackwood Kerry Chaytor Crummey Tim Healey (Eastern Health, NL)
P06	<i>Beyond the Brain: Exploring careers in neuroscience</i>	Right now, 86 billion neurons in your brain are firing to help you understand this sentence, and we are only beginning to understand how it all works. Join us for this interactive workshop, where we'll explore the fascinating mysteries of neuroscience, including memory, emotions, and brain diseases. We'll also introduce you to the career paths you could take. By the end of the workshop, you will receive practical resources to help you get started in the world of neuroscience. Perfect for students curious about medicine, healthcare, or technology! Hosted on Accelevents	Monica Taing (McGill University, QC)
P07	<i>Build a Disease: The Genetics of Health</i>	This workshop introduces participants to human genetics through an interactive activity where they design a fictional genetic disorder. Students learn how DNA mutations and environmental factors combine to influence health. The session supports Newfoundland and Labrador high school science outcomes. Hosted on WebEx	George Guirguis Grace MacIntosh Danielle Nichols (Memorial University of Newfoundland, NL)
P08	<i>Upstream Intervention for Downstream Impact: The foundation for public health and preventive medicine</i>	In this workshop, you will hear from physicians working in public health at NL Health Services who will share their biggest inspirations for choosing a career in public health and preventive medicine. Topics will include medical education, epidemiology, master's training, residency training, social determinants of health, equity, climate change and more.	Dr. Itai Malkin (NL Health Services)