

NOSM University (ONLINE)  
Wednesday, May 13<sup>th</sup> 2026

## WORKSHOP CATALOGUE

Code	Title	Description	AM	PM	Coordinator/Presenters (Field of Study/Employment)
A01	<b>The Human Brain: Function and Dysfunction in Aging and Dementia</b>	In this workshop you will learn about the way that the brain functions and what happens when it ages, particularly in dementia. You will have the opportunity to participate in an interactive case study and a brief cognitive screening test.	20	20	Chloe Stewart  (Neuroscience and Psychology)
A02	<b>Physiotherapy: Mapping out your Career as a Physiotherapist!</b>	This presentation will review what the profession of Physiotherapy entails and will introduce participants to the process of becoming a physiotherapist. Question and answer period will follow. Issues to be discussed include: 1. discuss the Regulated Health Professions Act and the various professional health care Colleges and Associations. Review pre-requisites, level of training and how to apply to Physiotherapy will be reviewed. 2. In depth discussion of Physiotherapy and how to become a physiotherapist will be provided, followed by an interactive question and answer period	20	20	Brock Chisholm  (Rehab Sciences – Physiotherapy)
A03	<b>Orthopedic Technologists and Their Craft</b>	In this session I will demonstrate different types of fractures and orthopedic injuries and explain how we treat them. I'll also discuss other types of bracing used in the orthopedic field, as well as some of the other materials used and other jobs we perform as ortho techs.		20	James Shaughnessy  (Orthopedics)
A04	<b>Can we see what is inside the stomach: Ultrasound</b>	I will be talking in basic way briefly about ultrasound then immediately talk about stomach ultrasound and how to assess what is inside it (empty, clear fluids, food) with interaction / dividing the participants into teams and make some sort of competition /game or something. What I have in mind will be hopefully educational and fun.	20		Hamza Zidan  (Medical Imaging)
A05	<b>Careers in Speech Language Pathology</b>	Learn more about the diverse field of Speech Pathology and the pathway to become a Speech-Language Pathologist		20	Cindy Davis-Maille  (Speech Language Pathology)
A06	<b>Medical Radiation Sciences - Medical Radiation Technology and Diagnostic Medical Sonography</b>	We will dive into the many specialties of Medical Radiation Sciences including Radiological Technology and the imaging subspecialties within, Nuclear Medicine, Radiation Therapy, Magnetic Resonance Imaging, and Diagnostic Medical Sonography. What does the day to day look like in these careers and where to look for schooling opportunities.	20		Erin Arps  (Medical Radiation Technology)

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<b>A07</b>	<b>Introduction to Physician Assistants</b>	We'll explore the pathways to becoming a PA in Canada, the professional scope and responsibilities of PAs across different health care settings, and an interactive component debunking some myths and misconceptions about PAs.		<b>20</b>	Tori Waite  (Physician's Assistant)
<b>A08</b>	<b>Intro to Psychiatry</b>	In this workshop we will describe what a psychiatrist does, what training and education is needed to become a psychiatrist and review the different psychiatry subspecialties. We will also discuss why someone might see a psychiatrist and touch on the different types of mental health conditions.		<b>20</b>	Carole Tessier  (Psychiatry)
<b>A09</b>	<b>The ♥ of the Matter: Let's Talk about Women's Heart and Vascular Health</b>	This workshop will spark conversation among the students about women's heart health. Our interactive session will: 1. Outline the rationale as to why women's heart and vascular health is important. 2. Describe the anatomy of the heart, different heart and vascular diseases, how women's hearts are different than men's, how women's symptoms of a heart attack can be different than men's, and what they can do to help. 3. Describe healthy behaviours to encourage the prevention and management of heart and vascular diseases. 4. Identify resources to learn more and the steps for acting and advocating for women's heart and vascular health at your school and in your community.	<b>20</b>		