

UNIVERSITY OF OTTAWA – MAY 7 (FR) | MAY 8 (EN)

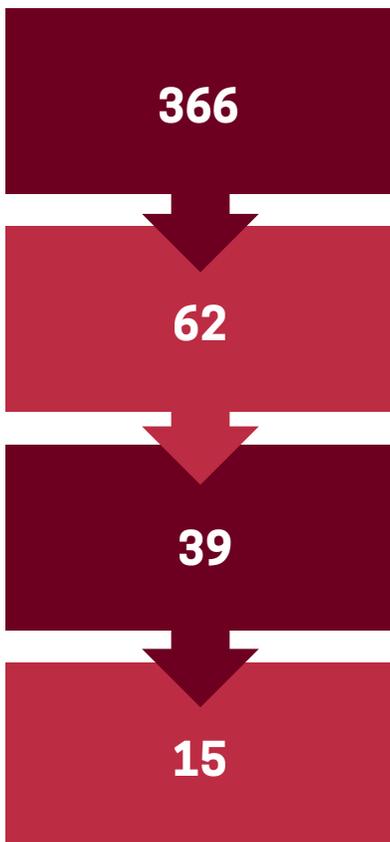
ABOUT US

Discovery Days in Health Sciences inform and excite Canada's youth about career options in medicine, health care and health research. The program is delivered in partnership with faculties of medicine and health sciences, and health research institutions across Canada. By connecting high school students to health professionals, we are helping build tomorrow's health workforce.

WHAT WE DO

Participants explore the vast career options by experiencing:

- **A dynamic keynote lecture**
- **Two 90-minute interactive workshops**
- **'Health Pros Tell-All' Career Panel and Q&A**



Participants

From 44 schools in the Ottawa-Gatineau region

Health care professionals

Health care professionals volunteer as workshop mentors and panelists, sharing valuable expertise and insights.

Workshops delivered

All students attend one morning and one afternoon workshop. The workshops are offered by faculty members to represent a wide range of disciplines.

Health care professions represented



INSPIRING GENERATIONS

Dedicated professionals inspire and educate Canadian youth about rewarding health careers



Conférencière principale Claire Tugault-Lafleur, Ph.D.

Professeure adjointe, École des sciences de la nutrition
Faculté des sciences de la santé, Université d'Ottawa

« De la recherche à l'assiette: Comment promouvoir la saine alimentation pour tous? »

Workshops

The workshops represented the following disciplines:

- Allied Health Professions
- Cardiology
- Genetics
- Kinesiology
- Laboratory Medicine & Pathology
- Nutrition
- Oncology
- Pharmacy
- Rehab Sciences (OT, PT, RT)
- Research



Très intéressant, j'ai aimé la diversité des sujets présentés tel que le rôle des diététiciens et nutritionnistes

Éleve



Rated the interactive workshops as **Valuable**



Felt that the career panel was **Valuable**



Career Panel

The panel discussion included representatives from:

- Allied Health Professions
- Biomedical Sciences
- Medicine
- Nutrition
- Rehab Sciences (OT, PT, RT)



INSPIRING GENERATIONS

Dedicated professionals inspire and educate Canadian youth about rewarding health careers



Keynote Lecturer Roger Zemek, MD

Full Professor, University of Ottawa
Tier-1 Clinical Research Chair, Brain and Mind Research Institute
Senior Scientist, CHEO Research Institute

“Thinking Out of the (Neuronal) Box: Challenges and Rewards”

Workshops

The workshops represented the following disciplines:

- Allied Health Professions
- Anatomy
- Cardiology
- Genetics
- Genomics
- Kinesiology
- Laboratory Medicine & Pathology
- Medicine
- Neuroscience
- Oncology
- Psychiatry



Very engaging. I loved how he used humour and simple language to explain complex ideas. I felt very inspired to do research and to ask more questions.

Student Attendee



Rated the interactive workshops as **Valuable**



Felt that the career panel was **Valuable**



Career Panel

The panel discussion included representatives from:

- Kinesiology
- Medicine
- Neuroscience
- Nursing



ABOUT PARTICIPANTS

360+
student registrants

The Canadian Medical Hall of Fame is committed to fostering inclusion and supporting the leadership efforts at Canadian universities to change the diversity pathway to medicine and the health sciences. We encourage students who self-identify as Indigenous, Black or a Person of Colour, or who come from a rural or known disadvantaged socioeconomic background, to attend this event.

Demographic data is collected at the time of registration. The following information is based on the self-declaration data that was voluntarily provided.

STUDENT POPULATION

Indigenous

1%

Black

16%

Person of Colour (not Black or Indigenous)

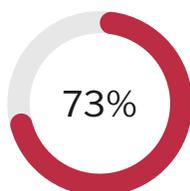
43%

French First-Language

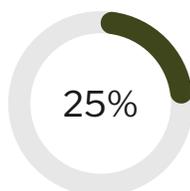
70%

Rural

34%



Female



Male



PARTICIPANT FEEDBACK

Francophone Event - May 7

The evaluation survey measures overall satisfaction and compares students' beliefs and attitudes towards a career in the health sciences before and after Discovery Day.



Recommend
Discovery Day to their peers



Exceeds expectations
Discovery Day meets or exceeded their expectations



Interest level
Has remained the same or increased



Excitement level
has remained the same or increased



Knowledge
of career options in the health sciences has increased



Future plans
of a health related career are equally or more certain



PARTICIPANT FEEDBACK

English Event - May 8

The evaluation survey measures overall satisfaction and compares students' beliefs and attitudes towards a career in the health sciences before and after Discovery Day.



Recommend
Discovery Day to their peers



Exceeds expectations
Discovery Day meets or exceeded their expectations



Interest level
Has remained the same or increased



Excitement level
has remained the same or increased



Knowledge
of career options in the health sciences has increased



Future plans
of a health related career are equally or more certain





Thank You

We are grateful to the organizations and individuals who make it possible to provide this enriched learning opportunity to youth in the Ottawa-Gatineau region at no cost to the students or their schools.

OUR SPONSORS

Sponsors at various levels are recognized through:

- sponsor page on CMHF website and social media engagement
- event materials (i.e) agenda, promotional materials, slideshow

Host



Event Champion



National



“

Ça m'a fait découvrir différentes expériences et différentes matières possibles dans les demandes de la santé. Aussi avoir des personnes parler de leur parcours et expérience de leur vie est très pertinent pour savoir un peu à quoi s'attendre.

Éleve