Thank you to our partners for investing in this important and growing event for students.

### Discovery Days began with a large dose of inspiration for discovery and innovation.

### Keynote Lecture

- **Daniel Figeys, PhD**
  - "There is More Than One Way to Medicine" (University of Calgary - October 18)
- **Chiachen Cheng, MD**
  - "Benefits of Exercise: Taking Care of Yourself" (Brock University - November 15)
- **Michel Lucas, PhD**
  - "Roche Diagnostics Canada: A Laboratory for Innovation" (McMaster University - June 2)
- **Dr. Merlo Puri, MD**
  - "You Are the Medicine" (University of Alberta, College of Health Sciences)

### Workshops and Career Panels

- Interactive sessions: rated their interactive components as 97%.
- 66% reported feeling equally or more knowledgeable about a career in medicine.
- Students and professionals reported feeling equally or more confident about pursuing a career in medicine.
- 99% would recommend Discovery Days to another student or teacher.

### Event Highlights

- **Instructor, University of Manitoba**: Said that I had an amazing time. The entire event was far from being boring and extremely educational.
- **Clinical Chef, The Neuro**: The event exceeded or fully met their expectations. I absolutely loved my experience at Discovery Day! I learned so many great things and got to meet professionals in my careers, and experience many different medical situations. It is especially valuable for rural students to have these opportunities.
- **2023 CMHF Laureate, Noralou Roos, PhD**: I appreciate how much this program has grown over the last 17 years. It is an exciting honor to have been asked to participate again this year.
- **2022 CMHF Laureate, Mercedes Kuroski de Bold, PhD**: I expect to hopefully be able to come back next year! It was a huge honor to have been asked to come back.

### Future Events

- **University of Alberta, College of Health Sciences**: This is an important event for us.
- **University of Manitoba**: I will hopefully be able to come back next year!
- **University of Calgary**: I absolutely loved my experience at Discovery Day!
- **Queen’s University**: The event exceeded or fully met their expectations. I absolutely loved my experience at Discovery Day!

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**In the future, we want to expand our program to include more programs and activities.**