

# 2025 DISCOVERY DAYS PROGRAM REPORT

In partnership with Canadian universities, hospitals and research centres, we inform and excite Canada's youth about the variety of career options in medicine and health care. By connecting high school students to world-class researchers and clinicians in real-life settings, we are helping to build our future health workforce.



Discovery Day  
University of Calgary

## Canadian Medical Hall of Fame Discovery Days in HEALTH SCIENCES

Presented by



### 2025 EVENTS



**337**  
Interactive Workshops



**659**  
Healthcare Professionals  
(Keynote speakers, workshop presenters, career Panellists)



**78**  
Volunteers



**589**  
Schools



**131**  
Teachers



**15**  
Events



**2,811**  
Students  
5% Indigenous  
30% French Speaking  
32% Rural  
8% Black  
40% Person of Colour

### We value student feedback!

96%

Would recommend Discovery Day to another student or teacher

92%

Said the event exceeded or fully met their expectations

98%

Rated their interactive workshops valuable

97%

Valued the career panel

97%

Felt more certain pursuing a health sciences career

100%

Left more knowledgeable about health sciences careers

Very organized, efficiently run. So much variety of workshops, the ones I took were very informative. Many qualified, impressive healthcare professionals shared valuable knowledge. I really enjoyed the mix of listening, asking questions, and hands-on opportunities to learn more about different healthcare fields. I loved getting to meet people, have fun, and gain more insight/knowledge to make better decisions for university and career choices.

Student, Discovery Day at Western University



Discovery Day  
Western University

## Discovery Days began with a large dose of inspiration from world-class keynote speakers:



THE DR. CECIL & LINDA RORABECK KEYNOTE LECTURE  
Western University - May 2  
**Carlos Quiñonez, DMD PhD**  
Vice Dean and Director  
Western University  
Dentistry at the Schulich School of Medicine & Dentistry  
"A Career in the Health Sciences: Things That I Wish I Understood in High School"



University of Ottawa - May 7  
**Roger Zemek, MD**  
Professor and Clinical Research Chair  
Ottawa Brain and Mind Research Institute  
Senior Scientist, Children's Hospital of Eastern Ontario Research Institute  
"Growing a Concussion Research Program: My Journey as a Clinician-Scientist"



Université d'Ottawa - May 8  
**Claire Tugault-Lafleur, PhD**  
Professeure adjointe,  
École des sciences de la nutrition  
Université d'Ottawa  
Faculté des sciences de la santé  
« De la recherche à l'assiette: Comment promouvoir la saine alimentation pour tous? »



THE DR. CALVIN R. STILLER KEYNOTE LECTURE  
NOSM University - May 14  
**Lily DeMiglio, MD PhD**  
Associate Professor  
NOSM University  
Rural Family Physician  
"A Marathon, Not a Sprint: Navigating the Journey to a Career in Medicine"



Memorial University of Newfoundland - May 21  
**Parsa Abdi**  
2024 CMHF Award Recipient  
Memorial University of Newfoundland  
Faculty of Medicine  
"Curiosity, Community, and Care: How I Found My Path in Medicine"



THE DR. CALVIN R. STILLER KEYNOTE LECTURE  
Discovery Day Online  
Central Canada - May 28  
**Holly Graham, PhD RD Psychologist, RN**  
Associate Professor, Department of Psychiatry, College of Medicine  
Indigenous Research Chair in Nursing  
College of Nursing  
University of Saskatchewan  
"What Are Your Dreams?"



THE POPULATION HEALTH RESEARCH INSTITUTE KEYNOTE LECTURE  
Hamilton Health Sciences at McMaster University - May 29  
**Tharsini Sivananthajothy, MD**  
Associate Professor  
NOSM University  
Rural Family Physician  
"A Marathon, Not a Sprint: Navigating the Journey to a Career in Medicine"



THE DR. D. LORNE TYRRELL KEYNOTE LECTURE  
University of Alberta - October 16  
**Sherif Hanafy Mahmoud, PhD BSc (Pharm)**  
Associate Professor, Associate Dean  
Academic Faculty of Pharmacy and Pharmaceutical Sciences  
University of Alberta  
"Chasing Curiosity: A Pharmacist's Journey in Health Sciences"



University of Calgary - October 22  
**Vaneza Moosa**  
2025 CMHF Award Recipient  
Cumming School of Medicine  
University of Calgary  
"The Power of 'Why?'"



BC Children's Hospital Research Institute - November 6  
**Meera Rayar, MD**  
Clinical Assistant Professor, Division of Hematology, Oncology & BMT  
Department of Pediatrics, Faculty of Medicine, University of British Columbia  
"The Twists and Turns on the Road to Finding Your Future"



University of Manitoba - November 13  
**Marlyn Cook, MD**  
First Nation Family Physician, Manitoba  
"Walking the Red Road for Healing"



Dalhousie University - November 13  
**Madeline Power, MSc**  
2024 CMHF Award Recipient  
Faculty of Medicine  
Dalhousie University  
"Lessons Learned on My Winding Path to Medicine"



THE DR. CALVIN R. STILLER KEYNOTE LECTURE  
Discovery Day Online  
Western Canada - November 20  
**Patrick Lafleche, MD**  
GP - Surgeon, Inuvik Regional Hospital  
MCpl 1-CRPG Inuvik Ranger Patrol  
"Screwing Up with Dignity"



The Neuro and McGill University - November 25  
**Leonaes Brahel Tatchinda Kuete**  
2025 CMHF Award Recipient  
McGill University, Faculty of Medicine and Health Sciences  
"Pick Your Path: Turning Challenges into Purpose"



THE DR. CALVIN R. STILLER KEYNOTE LECTURE  
Discovery Day Online  
Atlantic Canada - December 3  
**Tiffany Brooks, MD**  
Locum Emergency Physician  
New Brunswick  
"More Than Just a Dream: Finding the Courage to Begin"

Working with the active med students was amazing. They were engaging, helpful, relatable, and easy to talk to. This made going into post-secondary less intimidating. Hearing from doctors was also beneficial for gaining a broader perspective.

Student, Discovery Day at the University of Alberta

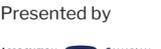


Discovery Day  
University of Alberta



## Thank you to our partners for investing in this important and growing initiative. Together, we are preparing today's youth to be our health leaders and researchers of tomorrow.

Presented by



### Supported by

Local Event Champion (University of Ottawa)



Alberta Medical Association

BC Children's Hospital Research Institute

Calm Air International LP

Calvin Stiller

Canadian Medical Foundation

Cecil and Linda Rorabek

D. Lorne Tyrrell

Dalhousie University, Faculty of Medicine

Doctors Manitoba

Government of Newfoundland & Labrador  
Department of Health & Community Services

Government of Nova Scotia  
Department of Health and Wellness

Hamilton Health Sciences Corporation

Joanne Douglas

Lerners LLP

Manitoba Health Care Retention  
and Recruitment Office

Manna Bakery Limited

McGill University, Faculty of Medicine  
and Health Sciences

Memorial University of Newfoundland,  
Faculty of Medicine

NOSM University

Population Health Research Institute

Society of Rural Physicians of Canada

Research Manitoba

Roche Diagnostics Canada

Santé en français

The Hamber Foundation

Trottier Family Foundation

University of Alberta Faculty of Medicine & Dentistry

University of Calgary, Cumming School of Medicine

University of Manitoba, Ongomizwin -  
Indigenous Institute of Health and Healing

University of Manitoba, Rady Faculty of Health Sciences

Western University, Schulich School  
of Medicine & Dentistry



Canadian Medical Hall of Fame  
Temple de la renommée  
médicale canadienne

100 Kellogg Lane, Unit 10, London ON N5W 0B4  
www.cdnmedhall.ca

Honouring Excellence. Preserving History. Inspiring Generations.

